

Charter Health Center

PROFESSIONAL MASSAGE THERAPY SERVICES

All services are performed by State Certified Massage Therapists.

30 minutes \$35.00 60 minutes \$60.00 90 minutes \$90.00

Relaxation/Calming

A gentle pressure massage to wipe away the stress of the day.

Deep Tissue

Focuses on realigning deeper layers of muscles and connective tissue.

Sports/Injury Massage

Specific work on injured or stressed areas that include Range of Motion, Stretching and Trigger Point Therapy.

Pregnancy Massage

Gentle side-lying massage for the mother-to-be to relieve the stress of pregnancy.

Couples Massage

A relaxing massage performed in the same room so you may experience relaxation together.

60 minutes \$120.00

Hot Stone Massage

Traditional Swedish massage incorporating heated stones.

60 minutes \$70.00 90 minutes \$95.00

Hot/Cold Stone Massage

Alternating hot and cold stones produces a relaxing but energizing, deeply therapeutic massage.

90 minutes \$95.00

Chair Massage

A 15 or 30 minute massage focusing on the back, neck, shoulders, arms and hands. Done seated in a special chair, this massage is done over clothes and doesn't require any massage oil.

15 minutes \$15.00 30 minutes \$30.00

Ionic Foot Bath Treatments

Detoxifying the body through negative/positive ion foot bathing.

30 minutes \$30.00

*Professional Services are performed Monday thru Saturday by appointment only.
Please call 574-267-1720 or book online at chartermassage.org.*