

Charter Health Center

Spa Services

Sea Salt Scrub

*Glows are a more aggressive exfoliation.
Polishes are a very gentle yet effective exfoliation.*
Full Body 30 minutes \$40.00

Spa Foot Treatment

*Sea Salt Glow or Polish
Black Baltic Mud
Hydration Massage
30 minutes \$40.00*

Spa Back Treatment

*Sea Salt Glow or Polish
Choice of Mud
Hydration Massage
30 minutes \$40.00*

Spa Mud Body Wrap

*Sea Salt Glow or Polish
Choice of Mud
Hydration Massage
60 minutes \$70.00
90 minutes \$100.00*

Targeted Cellulite Treatment

*Focusing on Abdomen, Upper Arms and Thighs
Dry Skin Brushing
Seaweed Body Mud
Therapeutic Firming Complex
Vigorous Massage
90 minutes \$90.00*

(We recommend 2 treatments per week for 5 weeks for best results in addition to exercise, diet and adequate hydration.)

Choice of Mud

*Seaweed Mud - replenishing, firming
Black Baltic Mud - detoxifying, rejuvenating
European Rose Mud - moisturizing, healing
Body Luxe - Hydrating*

Choice of essential oils

<i>Therapeutic Complexes</i>	<i>Signature Complexes</i>
<i>Detoxifying</i>	<i>Green Tea & Lime Leaf</i>
<i>Firming</i>	<i>Lavender & Calendula</i>
<i>Relaxing</i>	<i>Mango & Mandarin</i>
<i>Sore Muscle Relieving</i>	<i>Milk & Honey</i>
<i>Uplifting</i>	<i>Pomegranate & Cranberry</i>

Any of these services may be combined with massage therapy or done as stand-alone treatments, in any combination.